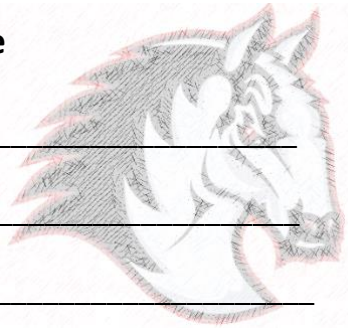


# Whitehorse Minor Hockey Practice Plan Template



<b>LEGEND</b>	⊙	COACH		PUCK CARRYING
	○●	FORWARDS		SHOOTING
	△▲	DEFENDERS		PASS
	G	GOALTENDERS		DROP PASS
	—	STOP		BACKWARD SKATE
	X	PYLON		LATERAL MOVEMENT
	⊙	PUCKS		DEFENSIVE PRESSURE

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

DRILL:	TIME:	COACH(ES):
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	TIME:	COACH(ES):
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	TIME:	COACH(ES):
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

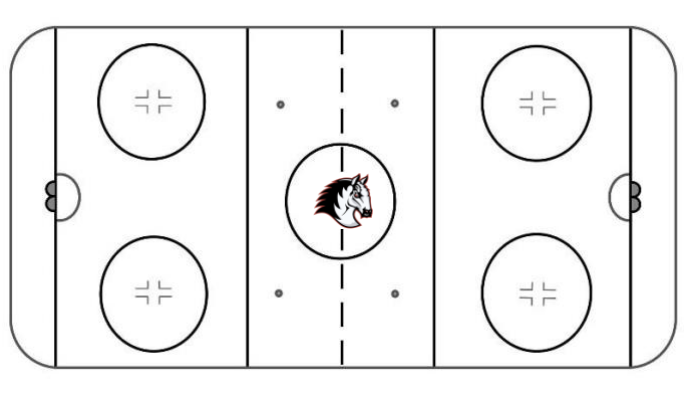
DRILL:

TIME:

COACH(ES):

DESCRIPTION:

KEY TEACHING & EXECUTION POINTS:



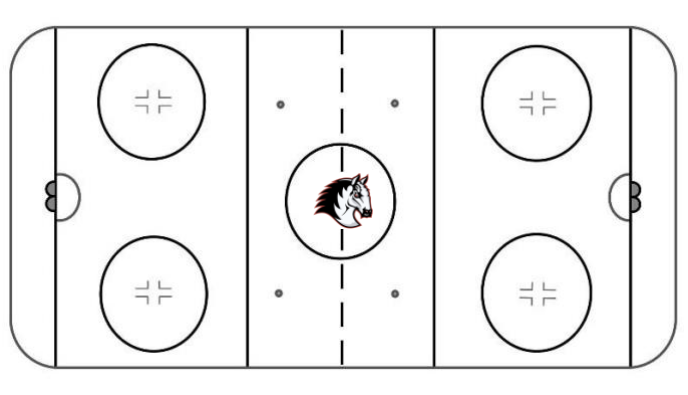
DRILL:

TIME:

COACH(ES):

DESCRIPTION:

KEY TEACHING & EXECUTION POINTS:



DRILL:

TIME:

COACH(ES):

DESCRIPTION:

KEY TEACHING & EXECUTION POINTS:

